

পক্যান



সম্পাদিকা

জ্যোতিলা বৰা

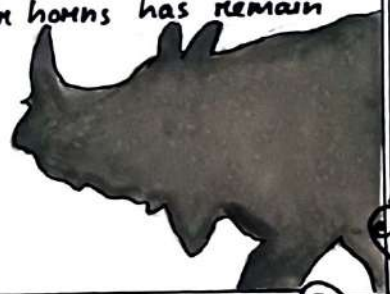
ONE-HORNED RHINO : THE PRIDE OF ASSAM

ASSAM is a state enriched with rich flora and fauna. The state has scripted a success story in the world's rhino conservation landscape as the *Rhinoceros Unicornis* species or one-horned rhinoceros found in Assam's National Parks are protected. This species was once a severe victim of poaching in the state as the rhino population started dwindling.

Since 2016, the state government has been making concerted efforts to conserve the one-horned rhino which is strongly associated with Assam's identity, while the beautiful creature also occupies a special place in Assamese people's hearts. World Rhino Day is observed every year on September 22 to raise awareness about the different species of rhinoceros around the world and the dangers they face.

The one-horned rhino is a pride of Assam and apart from being the third largest animal, the species is one of the most unique and limited mammals in the world. The Kaziranga National Park accounts for about 85% of the total rhino population of the world. Assam is the home of the largest population of one-horned rhinos in India with 2,895 rhinos. However, poaching of these rhinos for their horns has remain a serious threat to the species.

- Sakina Fahmin
B.Ed. 1st Year.



THE BOY WHO FIGHTS

There was a boy who fought every day,
with shadows that lingered and wouldn't
go away.

The darkness inside him was hard to
ignore,
But he battled on, and never gave up
before.

He struggled with demons that no one
could see,
The weight of the world was his
company.
He tried himself to sleep most nights,
But every morning, he rose to new fights.

He battled with himself and his fears,
He fought to hold back his pain and
tears.

He hid his sadness behind a smile,
And walked the extra mile.

The boy who fights knows the cost,
of trying to hide when you feel lost.
He knows that every victory is hard won,
and that every battle leaves you undone.

He knows that there are others who fight
too,
and that there is strength in pushing through.
So he holds on tight, and he fights the good fight,
For the boy who fights, knows that he'll be
alright.

— UDDESH NAG
B.Ed 1st Year

Juvenile Delinquency

"Children need love, especially when they do not deserve it."

- Harold Hulbert, child psychiatrist.

Prescribing different treatment for juvenile offenders is an offshoot of the new penology, which came to be applied with the realization of courts. A child is born absolutely innocent but certain social and environmental factors in a negative aspect diverge their minds towards criminal tendencies.

Recently juvenile has become an important aspect of criminology. Juveniles have got serious forms of delinquent behaviour which may hamper the stability and social command of our society.

"Juvenile" is a legalized term used for the children in conflict with the law of the land. They are the young people who are not adults yet. The term is used as a synonym of hard words like criminal, murderer, robber etc. Here the juvenile is the child and the crime or offence is termed as delinquents. So literally, juvenile delinquency is committing criminal acts or offences by a young one or various kinds of disapproved behaviours of children which are not accepted by the society.

Juvenile Delinquency should be prevented before it spills over to a level whereby it will be too late. Children should be treated in proper way prioritizing their psychological aspects and needs.



Pujashree Pradip Kalita.
B.Ed. 1st Year.

TAKE ME IN YOUR MIDST

I sleep up in the hills lurking the twilight.
The mist mixed with breeze in sky night.

No sign of human life exist around me.
My heart listen to the distant silent sea.
Away from all the minds of lust prevailing.
I lay with a soul deep inside screaming.

The world laughs at my existence.
Or is it me wearing a shame lens.
It took me back to my childhood days.
Days where I lived on my own ways.

Free from the dirty minds and hands.
A soul so pure playing on sands.

I do not want to go back to human land.
I wish the night with solitude just stand.

The darkness grabs my hand forever.
The birds chirping songs fades never.
With the sky wearing the blanket of light.
And the rabbit gaze at me and then hide.
The meadows behind thick and wild.

I wish my heart belongs to the wilderness.
My heart just says one thing at that point.
"I am nature take me in your midst,
You are pure and tender, hoots least.
I don't have to go to humans so selfish."



— SANOUBAR SABA
B.Ed 1st Year



JAPI : A SYMBOL OF ASSAMESE CULTURE.

ASSAM is a state with rich traditions and vivid cultural identities. Assamese culture is enriched with various unique and incredible elements. 'Japi' is one such traditional symbols of Assamese folk culture. In the earlier times, japi was used by the farmers as headgear to protect them from sunlight as well as rain. This made japi an integral part of the day-to-day life of the Assamese people, who were mostly involved in agriculture. Gradually, 'Japi' became a symbol of honour in the Assamese society, representing Assamese culture.

Assamese society began to use 'Japi' as a symbol of honour and also as a symbol of social status from the days of Ahom rule. During Ahom rule, people from higher ranks of the society used to wear the 'Bon Japi' during festivals or important occasions. While Ahom officials holding the title of Borgohain, Buraogohain, Borpatmogohain etc. wore Japis ornamented with gold on the top, Borphukan wore Japi ornamented with silver. This way Japi symbolized the social status of the officials.

Japi finds a prominent place in the Assamese socio-cultural way of life. It is deeply connected with Bihu. Mention of Japi can be found in both Bihu dance and Bihu folk songs. At present, 'Fulam Japi' has turned into a cultural symbol of Assam on the global platform.

—Arihana Kashyap
B.Ed. 1st Year.

A CHILD'S FEAR

They loomed as God
When you were young
Mom and Dad
The shaping ones,
Instead of love
They taught you pain
Your childhood home
Was never safe.
Now unhealed wounds
Have gaped for years
Distrust of self
And plaguing fears
Replayed scenes
Within your brain
Apologies that never came
You damaged heart
The place they haunt
Darkness their gift
You did not want.



Sarita Nahata.
M. Ed

Snakes : Friend or Foe.



Snakes - whenever a snake bites, we consider that it is the end of life. In fact, most snake bite victims die of cardiac arrest that occurs out of extreme fear. And, as our general perception goes, it does not matter whether a snake is large or small - it needs to be killed. But as a result we kill one of the most useful species for the mankind and mankind too. There are numerous myths concerning snakes that misleads us often. We should actually thank snakes for inspiring the scientists to invent hypodermic needles. The idea came from the fangs of snakes. A victim of snake bite has 80% chances of survival if treated correctly within one hour. If a person is bitten by a snake instead of taking him to the dandriks, one should contact the hospital with ICU facilities.

There are myths like snakes drink milk. Not only snakes but no reptile can digest milk. Snakes that enter our house are basically because of rats. In order to eat them, snakes enter and actually help us to get rid of them. So, instead of killing them we should call snakes rescues to rescue them. Now, it is certainly on our part to decide whether these beautiful and harmless creation of nature is either our friend or foe?

- Lakhyashita Bora
B.Ed 1st year



What Education Does?

- * Education assists in the acquisition of knowledge and skills.
- * Education helps to develop one's character by providing him with perfect knowledge.
- * Education helps in framing the personality and confidence of a person.
- * Education is a tool to explore different possibilities of the world.
- * Education opens the doors of better future scopes for an individual.
- * Proper education helps to fight against social evils.
- * Education creates humans with enhanced qualities as it a powerful mechanism to exact the thinking and perspective of the individual.



Mouhana Rajbongshi
B.Ed. 1st Year.

WOMEN EMPOWERMENT

WOMEN EMPOWERMENT has become the buzzword today with women working alongside men in all spheres. They profess an independent outlook, whether they are living inside their home or working outside. They are increasingly gaining control over their lives and taking their own decisions with regard to their education, career, profession and lifestyle.

With steady increase in the number of working women, they have gained financial independence, which has given them confidence to lead their own lives and build their own identity. They are successfully taking up diverse professions to prove that they are second to none in any respect. Women empowerment, in the true sense, will be achieved only when there is attitudinal change in society with regard to women folk, treating them with proper respect, dignity, fairness and equality. The rural areas of the country are by and large, refusing to grant women equal say in the matters of their education, dress-code, marriage, profession and social interactions.

- Dipi Saikia
B.Ed 1st year



FREEDOM

o Freedom

Where are you?

We are free in written form,
Women are free to go anywhere anytime
But nothing in real.



o Freedom

Where are you?

It is accepted to marry anyone,
We have right to speak anything
But nothing in real.

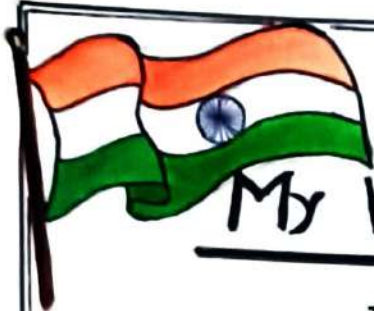
o Freedom

Where are you?

We need freedom in a true sense
Where we can listen the chirping birds
Where we can do things that we love,
Where a country can live peacefully
And most importantly that makes us happy.

Chayanika Mondalque.

M.Ed



MY VISION OF INDIA IN FUTURE

INDIA is a land of amazing extremes. Most of us have a psychological barrier to looking at India's future vision, and those who perceive the future as coming straight out of the present, typically have their perspective narrowed as well. India provides something for everything; be it young or old, poet or painter, scholar or artist, politician or a warrior, all take inspiration from this land. India is an oasis of different people living together. As we have stepped into the new millennium, India's diversity in terms of language, religion, culture etc. will always set a model for this world. I believe that the year 2050 will belong to individuals who strive to recognise diversity as a virtue in and of itself, rather than as a tool for combating new mental monocultures or a necessary compromise for social and ethical concord. In future, India will be in the centre of the world, with variety valued as a goal in itself. My vision is a statement of what we believe our country. Despite of the issues of corruption, pollution, mismanagement of natural resources; the expanding impact and influence of India in domains such as technology, education, information and productive skills supports the belief that India will attain and sustain higher economic growth and development in the decades ahead.

- Sabenee Naha
B.Ed. 1st Year.

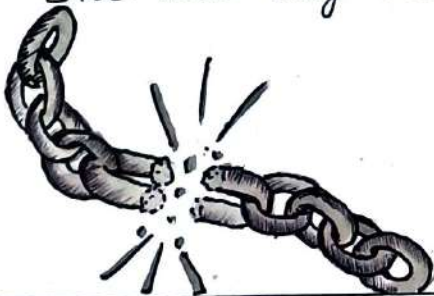
BREAKING FREE

As his child cries in the next room,
His wife prepares a meal for two.
For he would be coming home any minute now,
Turning his back on responsibilities and reality now.

Money's short, the wife knows.
For she gambled away everything they owned.
Drowning in debt there's no way out, drunk
To his teeth, he would come home and shout.

The bruises and fresh wounds,
on her back and her legs, shows how much he cares,
and the step he's willing to take.
For he is a man and it's his world,
She's only but a possession that he thinks he owns.

How long would she still endure this?
Will there be any way out of this?
She's had enough now, she sighs,
She will stand on the own two feet and win the fight
Her heart only needed was a spark to ignite the fire.



Akash Gogoi.
M.Ed. 

VALUE OF GAMES IN EDUCATION

Every education system has games in their curriculum and just as books help in developing our minds, games help in developing our body. Being involved in games is the best resource in being fit and healthy. Education basically means the complete development of a child both mentally and physically and games are an important segment in today's education system.

Education is just incomplete without the introduction of games right from the lower level. Physical activity is a must for students as it enables their minds to develop more and think deeper. Acceptance of failure and enjoyment of success are learnt through the active participation in games. Being involved in games not only improves our physical strength, it also builds in strength mentally. Active participation in games keeps our internal organs fit and healthy, by improving blood circulation, thereby keeping us fit and fresh with more levels of oxygen being pumped out. Games are one of the best means in shaping one's character and behaviour. Many good qualities are learnt through sports and games and hence introduction of games in the education curriculum would shape little minds for better tomorrow. Games help us to learn the balance between hope and despair, helps in developing good relationships, helps in developing good team spirit, quality leadership and obedience.

Today the concepts of games and sports have changed from what they were in the earlier days. They are taken seriously and at professional levels and hence good training and great practice are involved in being a good sports person. Games have become a very important part of our day to day life and children are the ones who need to be directed in the right route and education institutes have the responsibility of considering the same at its importance. Today's active children and tomorrow's promise for the Nation in every sector that they are in and it is our moral responsibility.

— SIBANGI SARMA
B.Ed 1st Year.



DRUG USE AND ABUSE

Society has decayed, from drugs and abuse
The crime and the tragedies, that stem from their use,
Transforming good people, to addictive behaviour,
Turning to crimes, and away from our saviour.

Death and violence, and the torment of souls,
A road of destruction, without any controls,
Disintegration families, as personalities mutate,
Changing high achievers, to achieving a high state.

The darkness of drugs, and the evils that works,
The lure of big money, for those drugs dealer jerks.
The organised crimes, with their tentacle reach,
Corrupting all types, as they suck like a leech.

The cost to society, is right off the scale,
The billions is laws, to put crimes in jail.
But the degeneration, of our moral road,
Will burn our soul, as we turn against God.



Kabyashree Bora.
M.Ed

MALNUTRITION IN INDIA:

A MAJOR PROBLEM WITH MINOR ATTENTION .

INDIA, the 7th biggest republican country draws the limelight for its pluralistic, multilingual and multiethnic society. Ironically, it also claimed its position for bringing forth a very immense number of malnourished children. Malnutrition is a condition where the body is deprived of minimum daily nourishment. India is ranked second in having malnourished children. There is a myth that the Indian children are well nourished than the children in Africa, but the latest statistics by the WHO and UNICEF reveals our ignorance. The average rate of malnourishment in Sub-Saharan Africa is 30% whereas in India it is 37%. In spite of many programs hosted by the government, 47% of the children under the age of 3 years are malnourished and 32 babies among 1000 born alive will not make it even to their first birthday. We can come with 1000 different reasons like gender inequality, population explosion, poor education status of the mothers or may be corruption, but it is difficult to find one proper executable solution for its eradication. Innovative and effective solutions or recommendations to the existing solutions should be put down in order to save the children and the future of our country.

-Deepanjali Nayak
B.Ed. 1st Year .

BARRIER

Eyes be sick of staring,
Ears be sick of hearing,
How curious, how carping,
Let share the same unbound sea..

Oh pistil of peace!
Let them live, let them breath,
Oh voice of an angel!
Let the world swirl..

Though unlike yet human!
Let the fresh air of equality reach,
Change the dead silence into melody
Let the calyx grow beautifully..

Come open the closed hearts,
Let the souls melt!
Feel those constellation of stars,
Diverse yet peaceful to heart..



Mouchumi Das.

M.Ed. 



NEED OF CAREER COUNSELLING FOR THE YOUTHS

Career is the most important aspect in students' life. It provides students a sense of establishment in society. Every student has a desire to establish themselves in society through their career. But, here comes the interesting point that what are the career options available for the students? It is often seen that whenever there comes the question of career, there exists some confusion about choosing a right career. But, in most of the cases the career choices are based upon social status or as a parental desire to be someone that they want their children to be. As a result, the students often choose a career with the hope that they can make their parents proud, without realising their own interests and aptitudes. Thus, a wrong choice will lead to destruction of their future career. The prime reason for this is lack of awareness of counselling or mentorship in the society. Moreover, parents are also not aware of career counselling. Another major cause is lack of exploration about career options. Most of the youths are only aware of careers like teachers, doctors, engineers and mostly run after 'Sarkari Naukri'.

Therefore, career counselling is utmost essential for the students to know about diverse career opportunities in the world. Hence, there is a need of expert career counsellors who can guide or mentor the youths to discover their personalities well suited for a particular career. In this regard, government should take initiative in opening counselling cell in educational institutions to provide one-on-one counselling and enable the youths to explore different unconventional career options.

- Ambarish Kashyap
B.Ed. 1st Year.

WOMEN EMPOWERMENT

Women empowerment indicates addressing women's power to create their proficiencies in taking decisions for themselves. Women's empowerment can be defined as promoting women's empowerment, women's sense of self-worth their ability to determine their own choices, and their right to influence social change for themselves and others. Days like International Women's Empowerment Day are also gaining momentum. But despite a great deal of progress, women and girls continue to face discrimination and violence in every part of the world.

Nearly every country has a part of ill-treating women. In different words, women from all around the world have been revolutionary to attain the state they have now. Mostly, in this country, women are threat of honor killings. Their family believes it is correct to sacrifice their lives if they bring embarrassment to the status of their legacy.

Empowering women is essential to the health and social development of families, communities and countries. When women are living safe, fulfilled and productive lives, they can reach their full potential. Parents must educate their daughters it is wrong to tolerate anyone's abuse, even if they are abused by their own family. They should take action whenever it is necessary.



- PINKI SAIKIA
B.Ed 1st Year